



PRAYER JOURNAL

*Eleven days of prayer during
Thy Kingdom Come*

JOIN A GLOBAL PRAYER MOVEMENT

Thy Kingdom Come is a chance for you to pray for five of your family and friends and join a wave of prayer happening all over the world.

What can I do? Make sure you sign up to #pledge2pray at thykingdomcome.global.



PRAYER JOURNAL

Use this journal to sketch and scribble your thoughts, prayers and any answers as you go through the eleven days.

Each day there is a different theme to help you pray. There are new videos daily showing how other young people are praying for their families and friends so check out Thy Kingdom Come YouTube or Vimeo.

Get Involved – post your thoughts and prayers using the hashtags and be part of this global prayer movement.

**PRAY
FOR FIVE**



Choose five people to pray for during
Thy Kingdom Come and write their
names here:

1: To JESUS

Today I #pledge2pray #ToJesus

The clothes you wear today say something about the kind of things you want to associate yourself with. It's the same for the music through your headphones, the phone in your pocket and the things you snap. Of course we all want to be unique. It is all about being authentic. But everyone follows other people.

A disciple follows Jesus. And actually it's the only way we find out how to be uniquely us. It's the only route to authenticity.

How closely are you following him? Pray you would go his way today.

Prayer starters:

I follow you Jesus

Pray for your five to follow Jesus too.

Prayer starters:

I praise you Jesus

Pray your friends and family might
see God's glory.

2:

PRAISE

Today I #pledge2pray #praise

Praise changes things. Not in a spooky way, but at least in this way. Think about a relationship you have which is full of criticism. What effect does it have on you? Of course it's negative. It drains us, and makes us close down. But when someone gives us a word of praise – not flattery – the effect of that on us is brilliant. We open up. We feel more ourselves.

Praise for Jesus opens up space for him to come and meet us. Tell him what it is you want to praise him for. Open up the space for an encounter.





3:

THANKS

Today I #pledge2pray #thanks

There's always stuff to moan about. To complain about. To whinge about. The more we do that – the less we see of the gifts around us.

But when we take time for being grateful we see it all differently.

Make a list of ten things you have to be thankful for. It shouldn't be hard.

Prayer starters:

I give thanks

Thank God for your five family
and friends.

Prayer starters:

I am sorry

Pray your five will know God's
forgiveness.

4:

SORRY

Today I #pledge2pray #sorry

When there's something between us and friends and family – something that has happened that we regret, that has caused hurt, that feels wrong – the only way for a relationship to recover is by saying sorry. Otherwise we can never look that person in the eye.

Confession is saying sorry to God – so we can look him in the eye again. Ask the Holy Spirit to bring to the surface the things you need to say sorry for. Sit before God's face. Look him in the eye. See how much he loves you. Now say sorry.



5:

OFFER

We invite you to #pledge2pray #offer

*We don't have everything God needs.
We have everything God wants. That is –
ourselves. God doesn't just want money or
time, projects or songs – he wants all of us.*

*This surprises us, because our own view of
ourselves is far less than God's view of us.
But we are the ones he wants.*

*Be really honest with God about
what you find easy to offer him,
and what you hold back. Give him
a bit more today.*



Prayer starters:

I offer to you

Offer prayer for your friends and family.

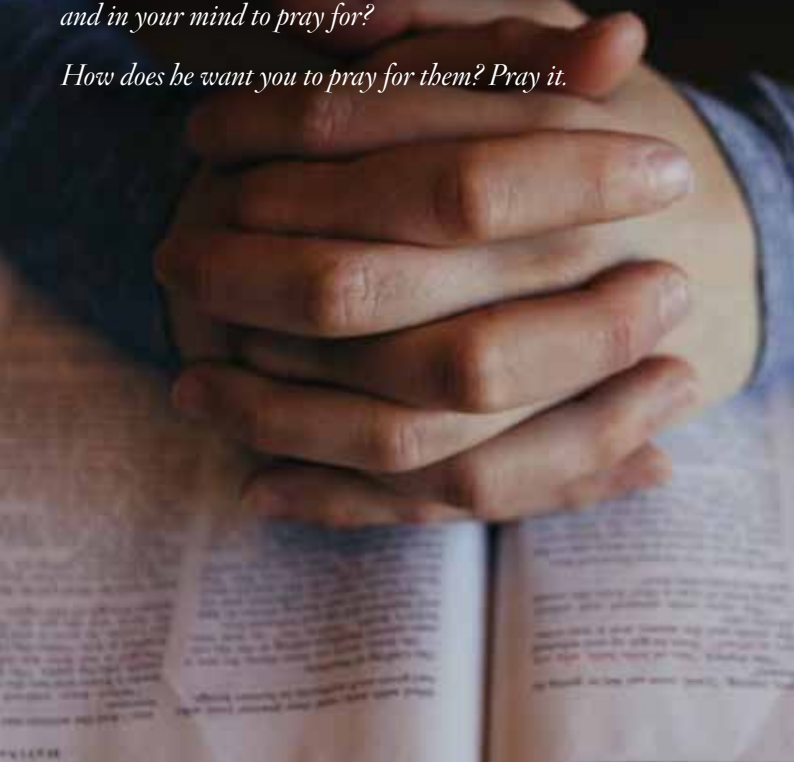
6:

PRAY FOR

Today I #pledge2pray #Prayfor

One of the greatest gifts we can give to people is to pray for them. Who has God put on your heart and in your mind to pray for?

How does he want you to pray for them? Pray it.



Prayer starters:

I pray for

Think of one thing to pray for each of
your five family and friends

Prayer starters:

I ask for your help

What will help you pray for your five?

A young woman with long brown hair is shown in profile, looking down with a thoughtful expression. Her hands are clasped together in front of her face, resting her chin on them. The background is a soft, out-of-focus blue and white, suggesting an indoor setting with natural light. The overall mood is contemplative and serene.

7:

HELP

Today I #pledge2pray #Help

We often feel helpless. There is so much change we want to see; in ourselves, in our families and amongst our friends and in the world.

Prayer begins when we come to the only one who can help. He will never leave us helpless. He staked his life on helping us.

What is it you need?

A close-up photograph of two hands, one from a person with a darker skin tone and one from a person with a lighter skin tone, reaching towards each other. The hands are positioned as if about to clasp or hold each other. The background is dark and out of focus.

8:

ADORE

Today I #pledge2pray #adore

Adoring is more than liking. It is more than thinking someone is nice. It is being biased that they are brilliant.

God is utterly biased for you. He is not neutral about you, undecided about you, or waiting to make his mind up you. He not only loves you. He adores you.

How do you feel about him?

Prayer starters:

I adore you

Pray your family and friends will realise
how God feels about them!

Prayer starters:

I celebrate...

Celebrate that God has given you family
and friends to pray for.

9:

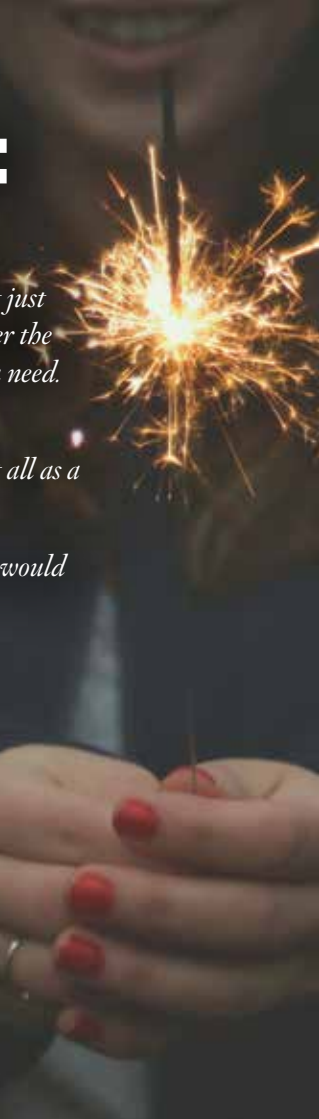
CELEBRATE

Today I #pledge2pray #celebrate

To celebrate is to do something that isn't just required or expected. It is to go a bit over the top about someone. To do more than you need. Because, as they say, they're worth it.

God's worth it. But we regularly take it all as a bit standard.

If you were going to celebrate God how would you do it?



10: SILENCE

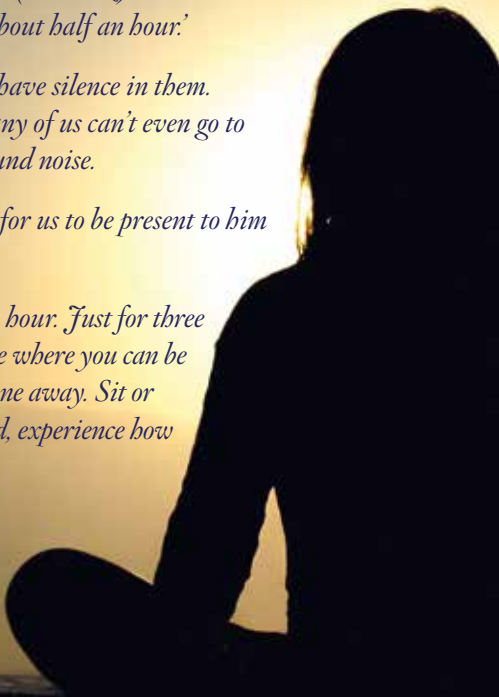
Today I #pledge2pray #silence

Revelation 8:1 It's extraordinary 'When he opened the seventh seal' (don't ask) 'there was silence in heaven for about half an hour.'

Our lives very rarely have silence in them. Sound is constant. Many of us can't even go to sleep without background noise.

God gives us silence – for us to be present to him and him to us.

Try it. Not for half an hour. Just for three minutes. Go somewhere where you can be alone and put your phone away. Sit or stand. Be aware of God, experience how close he is to you.



Prayer starters:

I enter your silence

Listen to what God might have to say
for your five family and friends.

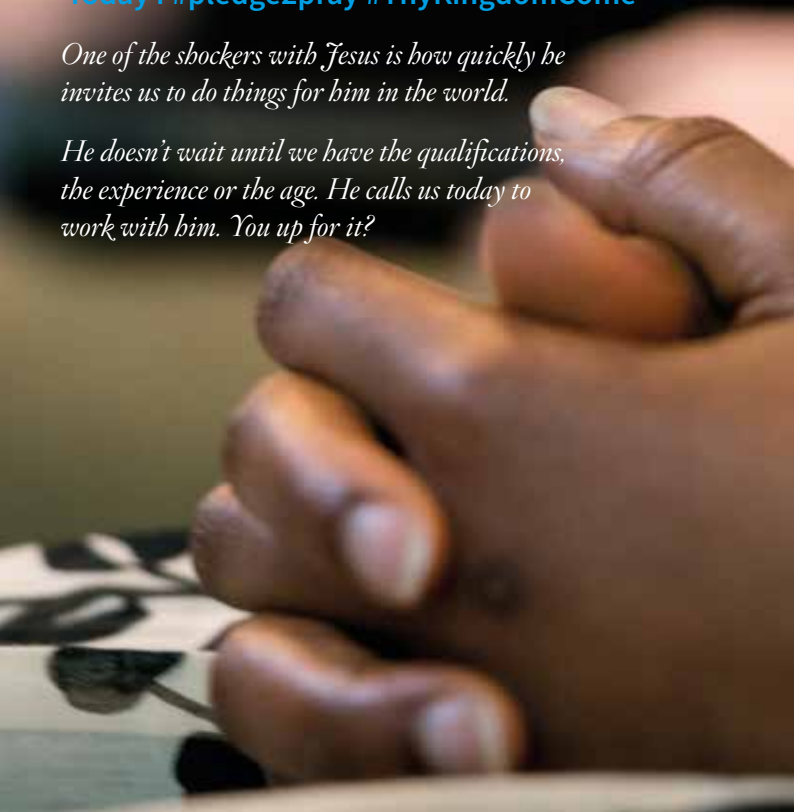
11:

THY KINGDOM COME

Today I #pledge2pray #ThyKingdomCome

One of the shockers with Jesus is how quickly he invites us to do things for him in the world.

He doesn't wait until we have the qualifications, the experience or the age. He calls us today to work with him. You up for it?



Prayer starters:

I do this in your Name

**If you're up for it, keep praying
that your five people will come
to know Jesus.**

Join the global wave of prayer
thykingdomcome.global

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